

SALT DETOX PROTOCOL

Episode #28 – Thyroid Part 3

If you are experiencing uncommon detox side effects while using Iodine such as:

Phlegm - as green or yellow mucus

Constipation

Acne

Rash

Headache

Take ½ teaspoon Celtic Sea Salt dissolved in a glass of water, 2x daily.

Taking extra Cataplex C (10-16) and Albaplex (4-5) will help.

Drink 12 – 18oz of water to help flush your kidneys of toxins.

If you experience a rapid heart beat:

Cut back on the Iodine dosage. If you are not on blood thinners, put 2-3 droppers of Standard Process' Phosfood Liquid™ in a small cup of water and drink it down. This will thin your blood a little and help the palpitations to go away. Understand, your heart is very excited to get this healing mineral around to the body and this is the usual cause of a rapid heartbeat while using Iodine. *

"Medical textbooks contain several vital pieces of misinformation about the essential element Iodine, which may have caused more human misery and death than both world wars combined."

-- Guy E. Abraham, M.D.

Former Chief of Obstetrics and Gynecology UCLA School of Medicine

Iodoral Iodine, Prolamine Iodine and Ageless Thyroid can be ordered on our website:
www.ForbiddenDoctor.com

For more info call: 801-523-1890
Or email us at:
Info@ForbiddenDoctor.com

* The statements made about specific products have not been evaluated by the United States Food and Drug Administration (FDA) and are not intended to diagnose, treat, cure or prevent disease. All information provided or any information contained on or in any product label or packaging is for informational purposes only and is not intended as a substitute for advice from your physician or other health care professional.