

# VARICOSE VEINS PROTOCOL\*

## Podcast Episode #13 – Eliminating Hemorrhoids Once and For All



SP Supplements	Upon Arising	Lunch	Dinner
<b>Collinsonia Root</b> 12/day – take four, 3X a day with a full glass of warm water between meals on an empty stomach.	4 Capsules	15 -30 min before Lunch take 4 Capsules	15 -30 min before Lunch take 4 Capsules
<b>A-F Betafood</b> Liver detoxifier		Chew 4 with each meal	Chew 4 with each meal
<b>Cyruta Plus</b>		6	6
<b>Horsechestnut Complex</b>	2		2
<b>Phosfood Liquid</b>	3 Droppers in water or juice, upon arising		

- **Collinsonia Root**- is an herb for hemorrhoids, varicose and spider veins, and hard stools. It is also called Stone Root. It is referred to in herb books as a “vascular astringent.” In other words, it maintains proper tone in the vascular system. Magnesium phosphate is the active factor, which gives it this function. It prevents the formation of hemorrhoids and varicose veins, and assists in their removal if they have already formed. These are conditions in which the vessels have become enlarged, lost their tone and become distended. This product is made from the rock-hard root of the plant, ground up fine and put into capsules. When a person has varicose veins and hemorrhoids, he/she will also have a congested liver. AF Betafood will assist in cleansing the liver and Cyruta Plus strengthens the blood vessels.
- **AF Betafood**- Hemorrhoids stem largely from a congested liver, which puts backpressure on the portal vein that causes congestion in the lower venous structures in the lower half of the body. This is one of the reason’s you don’t have varicose veins above the waist. AF Betafood assists in helping to decongest the liver, by thinning the bile, and an added side effect – it relieves and helps the gall bladder, lowers cholesterol and aids in hypoglycemia and elevated homocystine levels.
- **Cyruta Plus**- Repairs burst, inflamed, or ruptured capillaries, and tones the vascular walls of the veins. In short, it tightens them. This is a life saving product for stroke victims. This is due to it’s very high content of bioflavonoids. It is also excellent for High C-Reactive Protein Levels, a major indicator of heart disease.
- **Horsechestnut Complex**- Primary uses include: Veins, swelling, lymphatic flow, peripheral circulation. It is recommended by Herbalists worldwide for hemorrhoids, varicose veins, lymphedema, thrombophlebitis, restless legs, sprains, aching legs and feet and trigeminal neuralgia.
- **Phosfood Liquid**- Lowers blood viscosity, a natural blood thinner. Helps to decongest venous collection of stagnate blood that forms the varicose vein. When the wall of the vein becomes weak, blood will collect and put outward pressure on the wall of the vein. Phosfood Liquid helps to keep the blood thin to aid and assist the body’s attempts at improved blood flow, reducing the pressure on the wall of the vein. It also helps with plaque on teeth and can help soften kidney and gall stones.

For more info or to order this protocol go to:  
[www.ForbiddenDoctor.com](http://www.ForbiddenDoctor.com)  
 Then search “Varicose Veins”

\* The statements made about specific products have not been evaluated by the United States Food and Drug Administration (FDA) and are not intended to diagnose, treat, cure or prevent disease. All information provided or any information contained on or in any product label or packaging is for informational purposes only and is not intended as a substitute for advice from your physician or other health care professional.